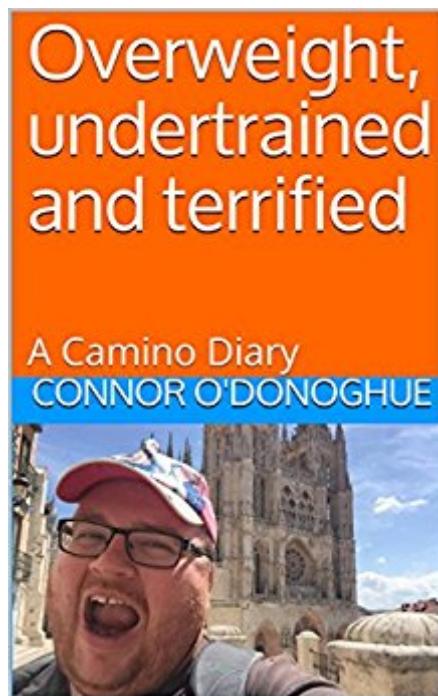


The book was found

Overweight, Undertrained And Terrified: A Camino Diary



Synopsis

This is the entertaining and sometimes inspirational story of one morbidly obese 35-year-old Irishman who decides to walk 708 kilometres across the Camino de Santiago, an ancient Christian pilgrimage in Northern Spain one summer. On the journey, he faces a variety of physical and mental obstacles. The book is written in diary format, at turns poignant and funny in a light, pacey style.

Book Information

File Size: 1841 KB

Print Length: 112 pages

Publication Date: May 29, 2017

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B0723HJ5QJ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #111,068 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #51

in Kindle Store > Kindle eBooks > Nonfiction > Travel > Europe > Spain & Portugal #138

in Books > Travel > Europe > Spain > General #469 in Kindle Store > Kindle eBooks >

Health, Fitness & Dieting > Exercise & Fitness

Customer Reviews

I love to read stuff by people who write well, and I'd never recommend anything just to be nice. So you can believe me when I say that if you're looking for something funny and inspirational to read, I 100% recommend this book about how the author walked the Camino de Santiago for 33 days last summer. It'll make you laugh, it'll help you learn something new, and it'll make you want to try things you've never done before. Highly recommended.

[Download to continue reading...](#)

Overweight, undertrained and terrified: A Camino Diary A Pilgrim's Guide to the Camino

PortuguÃ©s: Lisbon - Porto - Santiago / Camino Central - Camino de la Costa (Camino Guides)

Camino PortuguÃ©s Maps - Mapas - Mappe - Karten: Lisboa - Porto - Santiago / Camino Central - Camino de la Costa (Camino Guides) A Camino Pilgrim's Guide Sarria - Santiago - Finisterre: including MuxÃ¡- a Circuit & Camino InglÃ©s - 3 short routes to Santiago de Compostela (Camino Guides) Buen Camino! Walk the Camino de Santiago with a Father and Daughter: A Physical Journey that Became a Spiritual Transformation Camino de Santiago (Village to Village Guide): Camino Frances: St Jean - Santiago - Finisterre A Pilgrim's Guide to the Camino de Santiago: St. Jean - Roncesvalles - Santiago (Camino Guides) Camino de Santiago (Village to Village Guide): Camino Frances 2017: St Jean - Santiago - Finisterre Camino de Santiago Maps - Mapas - Mappe - Mapy - Karten - Cartes: St. Jean Pied de Port – Santiago de Compostela (Camino Guides) Camino de Santiago Maps - Mapas - Mappe - Mapy - Karten - Cartes: St. Jean Pied de Port - Santiago de Compostela (Camino Guides) A Pilgrim's Guide to the Camino de Santiago: St. Jean • Roncesvalles • Santiago (Camino Guides) RESTLESS HEARTS: Walking the Camino de Santiago. A love letter to the Camino Frances. Learn to Swim: Even if you are Terrified (Swimming Book 1) The Case of the Terrified Track Star (The Nicki Holland Mystery Series Book 4) Statistics for Terrified Biologists The Girl Without a Voice: The true story of a terrified child whose silence spoke volumes (Casey's Teaching Memoirs) A Clinical Guide for Management of Overweight and Obese Children and Adults (Modern Nutrition Science) The Thyroid Connection: Why You Feel Tired, Brain-Fogged, and Overweight -- and How to Get Your Life Back Running: A Love Story: How an overweight radio DJ got hooked on running marathons Over 50, Overweight & Out Of Breath: A Year Of Going From Super Fat To Super Fit

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)